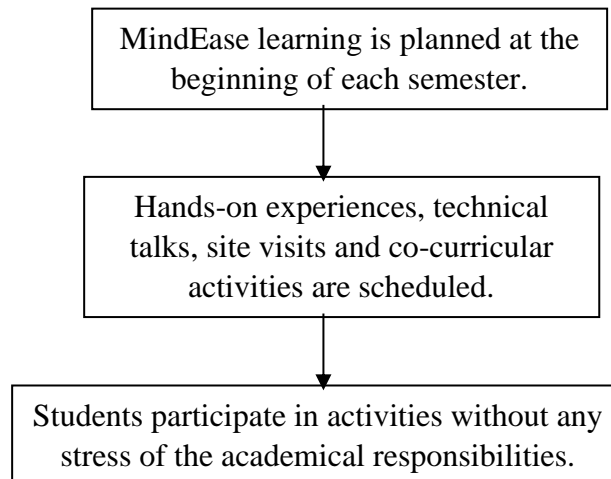




MINDEASE LEARNING

MindEase learning initiatives or **stress-free week** prioritize student well-being, promoting a conducive atmosphere for the **starting of effective learning** through **technical and non-technical activities**.



Objectives:

1. To help students transition smoothly into learning mode after examinations.
2. To promote a positive learning environment and help students prepare mentally for the academical responsibilities ahead.

“MindEase Learning”

- This event is planned at the beginning of each semester where students gain hands on experience related to important topics of Civil Engineering along with other co-curricular activities.
- The hands-on experience is usually related to the subjects/topics which students have learnt in their previous semester or those which they are going to study in the present semester.
- This helps the students to improve their practical knowledge and skills.
- Topics like site marking, construction of masonry, reinforcement tying, concreting, staking out points etc. are taught during the stress-free week.



Note: Your valuable suggestions and Critique will help us to improve our teaching quality and offer the best learning environment. Write to us at hodce.mitt@gmail.com